

RECOMMENDATIONS FOR NON-TOXIC PRODUCTS

Avoiding unhealthy ingredients in household and personal care products can be challenging. We've selected several products in each of the categories listed below to make it easier for you to have a healthy home and family. To view them, go to link listed below.

Household Products

- Kitchen cleanser
- Powder cleanser
- Glass cleanser
- Bathroom cleanser
- Mold remover
- Floor cleanser
- Furniture care
- Laundry detergent
- Fabric softener

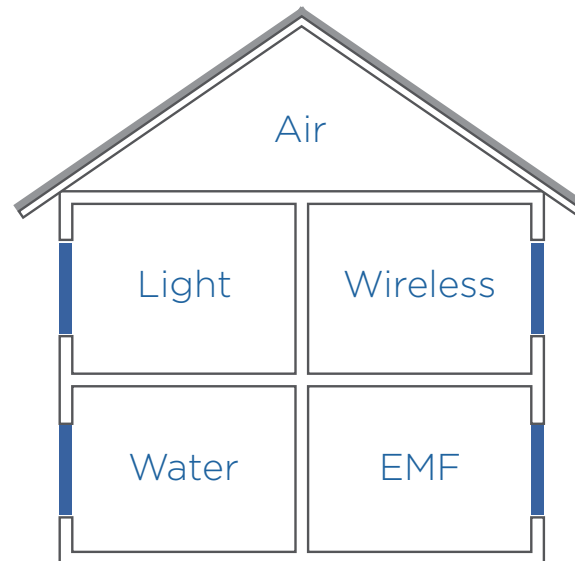
Personal Care Products

- Shampoo
- Conditioner
- Bar soap
- Hand soap
- Body wash
- Moisturizer
- Shaving cream
- Toothpaste
- Dental floss
- Mouthwash
- Deodorant
- Sunscreen
- Hairstyling products

View our specific product recommendations at clearlightventures.com/safeproducts

HELP IS AVAILABLE

*A building biologist is like
a doctor for your home...*



FIND AN EXPERT NEAR YOU:
hbelc.org/find-an-expert

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Autism and Your Home



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AREAS WORTH LOOKING AT:

- Air quality
- Wireless
- Water quality
- Lighting
- Electromagnetic fields
- Screen time
- Food
- Personal care products
- Cleaning products
- Herbicides & pesticides

ENVIRONMENTAL FACTORS IN AUTISM

