

## Wireless Safety

## Sources

## Solutions



**Baby Monitor** 

- Turn off
- Move far away from child



- Replace with wired Ethernet
- Wi-Fi Router O Turn on only when needed
  - Turn off at night



Cordless

- Replace with corded phone
- Turn off main base station at night (unplug or timer)



Cell Phone

- Turn Off
- Use airplane mode
- Carry and use away from body and head



- Use Ethernet cable and turn off Wi-Fi and Bluetooth
- Move off lap to table top



- Use Ethernet cable and turn off Wi-Fi and Bluetooth
- Move off lap to table top



Smart Meter

- Opt-out, use analog meter
- Shield from wireless signal

Safe

Reduced Exposure